

Dublin Learning Academy Food Policy

Meal time is a very important part of a child's growth and development. As teachers and parents we need to ensure that each child receives the recommended daily allowances from each of the food groups. Dublin Learning Academy adheres to the Ohio Department of Job and Family Services guidelines regarding snacks and meals.

"A meal shall meet one-third of the recommended daily dietary allowances as most recently specified by the USDA. This includes, at minimum, one serving of fluid milk (DLA provides), one serving of meat or meat alternative, two servings of vegetables and/or fruits (one serving of each is recommended) and one serving of bread of grains."

A snack shall provide nutritional value in addition to calories and contain at least one food from two of the four-basic food groups."

Snack:

Snack time requires two food groups to be represented. Whole milk is provided by Dublin Learning Academy for both AM and PM snack. If your child requires soy milk, organic milk, etc., please provide and label with your child's name.

Lunch:

An item from each food group must be offered for lunch each day. The exception to the rule is as follows: 2 fruits and no vegetable OR 2 vegetables and no fruit.

Food Storage:

There are refrigerators and snack bins in each classroom for your convenience. Please make sure your child has a labeled lunch with a cold pack if needed. Lunch boxes are kept in the child's cubby or the teacher designated bin. Snack items should be labeled in a large Ziploc bag and placed in the snack container in your child's classroom.

Milk:

Dublin Learning Academy provides milk for snack and lunch in classrooms Lil' Dreamer through Kindergarten. Milk counts as the dairy food group for snack and lunch.

Peanut Product Policy:

In an effort to keep children safe, Dublin Learning Academy is a "Peanut-Free" school. Please do not pack any peanut products in food brought to school. We have taken this step to be proactive in reducing the possible severe allergic reactions caused by peanut products.

Fees:

Lunches/snacks not meeting the nutritional guidelines set forth by the State of Ohio and will be supplemented to ensure that the guidelines are met \$5 charge per lunch/snack will be billed to your account.

Modified Diet:

If an entire food group is to be eliminated, or your child requires a modified diet, Dublin Learning Academy must obtain written instructions from a physician on the prescribed form provided by the Ohio Department of Job and Family Services. This form may be obtained from the office.

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